

#comparingart #getcreative #creativityfitness
#wakeupyoursenses #crazywords
#hatmadeofsieve #10ideaschallenge



- What do you like creating?
- What's the last thing (art / cooking / building blocks / writing) you created?
- How do you feel when you create something?
- Is art interesting for you? Why / Why not?
- Why do people create art?

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Make these sentences true for you. Circle the right words or use your own.



try to c	lo something	new every da į	ያ / every week	/
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Music / Art / Nature / Playing games / _____ puts me in a creative mood.

I love / like / hate being creative.

I am **excited / worried** about new ideas.

| can / can't learn to be more creative.

I am / am not as creative as Mr. Kriss.

I am / am not creative enough to make works of art.

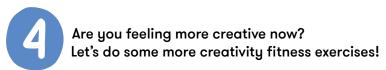
Going to museums is **more / less** exciting than doing art projects.

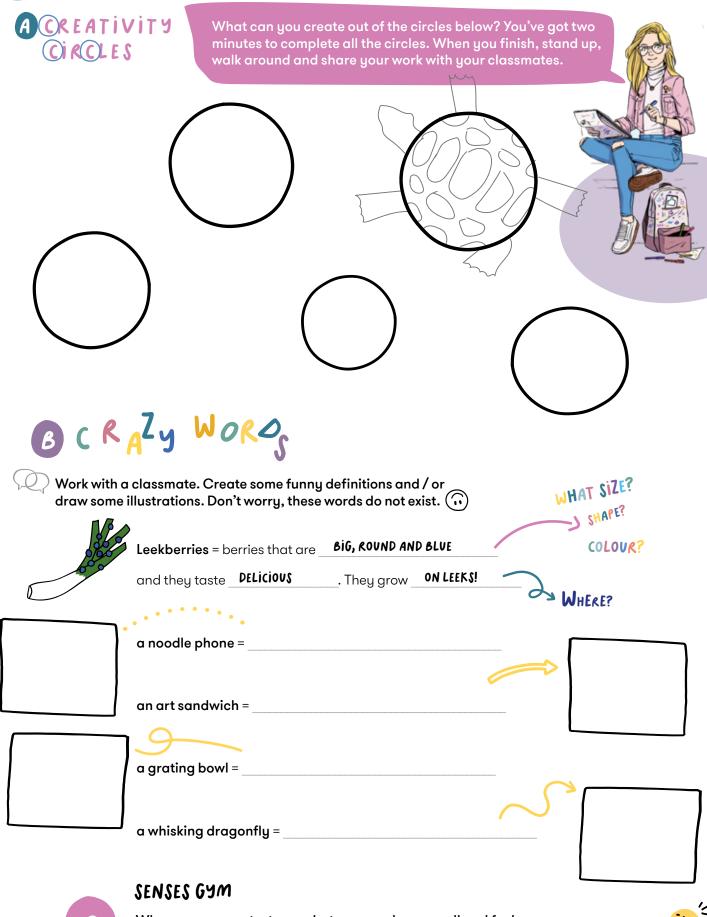


TO BE MORE CREATIVE? TRY OUT THE

CREATIVITY FITNESS EXERCISES!







When you concentrate on what you see, hear, smell and feel, you experience something new. It opens up your mind to new ideas.

Try it now! Listen to this and relax:)